

## OUTDOOR and ADVENTUROUS ACTIVITIES - Development of skills linked to the core assessment tasks

<b>National Curriculum Statements of Attainment</b>	<b>Pupils should:</b> <ul style="list-style-type: none"> <li>• engage in co-operative physical activities in a range of increasingly challenging situations</li> <li>• enjoy communicating and collaborating with each other</li> <li>• take part in outdoor and adventurous activity challenges both individually and within a team</li> <li>• compare their performance with previous ones and demonstrate improvement to achieve their personal best</li> </ul>	
<b>Core Assessment Tasks:</b>	Search and Rescue, Where Am I? Communication Challenge, Safely Across, Crystal Star Challenge,	Beat The Clock, Electric Fence
	<b>Lower Key Stage 2</b>	<b>Upper Key Stage 2</b>
<b>Orientation</b>	<ul style="list-style-type: none"> <li>• Identify where they are on simple maps and diagrams of familiar environments e.g. in relation to position of desk in plan of classroom</li> <li>• Use simple maps and diagrams to follow a trail</li> <li>• Orientate simple maps and plans</li> <li>• Mark control points in correct position on their map or plan (e.g. where they find an object when following a photo trail)</li> <li>• Find their way back to a base point</li> </ul>	<ul style="list-style-type: none"> <li>• Draw their own maps and plans and set trails for others to follow</li> <li>• Use the eight points of the compass to orientate themselves</li> <li>• Plan before starting an orienteering challenge</li> </ul>
<b>Communication</b>	<ul style="list-style-type: none"> <li>• Begin to work and behave safely when working co-operatively with others</li> <li>• Work with friends to plan and share ideas</li> <li>• Co-operate to share roles within a group</li> <li>• Comment on how they went about tackling a task</li> <li>• Listen to each other's ideas when planning a task</li> <li>• Change your ideas if they are not working</li> <li>• Take responsibility for a role within the group</li> <li>• Recognise that some outdoor adventurous activities can be dangerous</li> <li>• Follow rules to keep self and others safe</li> </ul>	<ul style="list-style-type: none"> <li>• Together, plan and share roles within the group based on each other's strengths</li> <li>• Work increasingly well in groups where roles and responsibilities are understood</li> <li>• Change roles or ideas if they are not working</li> <li>• Recognise own and others' feelings</li> <li>• Recognise and talk about the dangers of tasks</li> <li>• Recognise how to keep themselves and others safe</li> </ul>
<b>Problem Solving</b>	<ul style="list-style-type: none"> <li>• Discuss how to follow trails and solve problems</li> <li>• Work with friends to select appropriate equipment for the task</li> <li>• Select appropriate equipment/route/people to solve a problem successfully</li> <li>• Choose effective strategies and change ideas if not working</li> </ul>	<ul style="list-style-type: none"> <li>• Plan strategies to solve problems/plan routes/follow trails/build shelters etc.</li> <li>• Implement and refine strategies</li> <li>• Recognise what went well and why, what you would do differently next time</li> </ul>