



February 2023

Esh Winning Primary School NEWSLETTER

BREAKFAST CLUB REMINDER!

- School Breakfast club starts at 8am.
- Pupils do not need to be booked into the club in advance and it is FREE!
- All pupils in Reception to year 6 can attend.
- **For the safety of your child, pupils should NOT arrive at school before 8am.** At this time of year it is still dark and there is no supervision for pupils until 8am.
- **Please can parents/carers always wait with your children, do not leave your children unattended until the gates are opened.**
- The ethos behind our breakfast club is that your children come at 8am and experience choosing their own breakfast, sitting with friends while they eat their food and then at 8.30am they attend the sports session.
- Rec, Yr 1, 2 & 3 pupils enter via the dining hall and Yr 4, 5 & 6 pupils enter via the door to the right hand side of the dining hall and go into the main hall for breakfast and activities.
- Please note the school office is not staffed until 8am for dropping mobile phones off pre Breakfast Club.

Thank you for your help in this matter.

Important Dates

February

- 14th Internet Safety Day
- 16th Break up for half term holidays
- 17th INSET Day, school closed
- 27th School resumes

March

- 2nd World Book Day
- 3rd Health & Wellbeing Day
- 9th Class Photograph Day
- 13th British Science Week
- 17th Comic Relief Day
- 20th Parents Evening Week—TBA
- 30th Easter Celebration
- 31st School breaks up for Easter

April

- 17th School resumes (Monday)

May

- 1st Bank Holiday
- 8th Year 6 SATS week



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National School Attendance Award

2022/23 Autumn Term



Esh Winning Primary

Top 25% of similar FFT Primary Schools in England

Fischer Family Trust is an organisation which looks at attendance from lots of schools across the country. We have been awarded for being in the top 25% of schools nationally!

This year SATS WEEK is
Monday 8th—Friday 12th May 2022

It is most important that all year 6 pupils attend school during this week.

Year 2 pupils will be completing their SATS during the whole of the month of May. More information will be given to parents.



Healthy Packed Lunches

What's the big idea?

Packed lunches can be very healthy and nutritious.

They can also be little more than a dose of sugar, fat and salt.

Children who bring in packed lunches should be encouraged to bring in healthy options that reflect the healthy messages being promoted by school. A healthy packed lunch can be simple to prepare, inexpensive and fun to eat.

Healthy Lunchbox Suggestions

Sandwiches

Try to vary the type of bread such as wholemeal, granary or high fibre white bread. Also make sandwiches from different kinds of bread including bread rolls, French bread, bagels and pitta bread as well as sliced bread. **Shop bought sandwiches are full of salt and sugar.**

Use a different sandwich filling each day - preferably including a fruit or vegetable.

For example: Cheese and cucumber, Chicken, lettuce and tomato, mashed banana, tuna and sweetcorn
grated cheese and carrot, hummus, cottage cheese, grated carrot and grated apple

Fruit and vegetables

Some fruits to try: Seedless grapes, apples (can be cut up for younger children and brushed with lemon juice to avoid browning), satsumas or tangerines, plums, small bananas, dried fruit such as apricots or raisins, cherries, fruit salad

Some vegetables to try: Cherry tomatoes, cucumber chunks, carrot sticks, baby sweetcorn, celery sticks, grated carrot and raisin salad

Drinks

Still water or fruit juice only

Sweet suggestions: Scones, yoghurt, malt loaf, teacakes, flapjack

Savoury suggestions: Rice cakes, cheese and crackers, bread sticks, a boiled egg

We hope this helps to give you some ideas and show that healthy eating for you and your children need not be boring and can have a great deal of variety. If you need any further advice or help, please contact the school.

NO CHOCOLATE, NUTS, SWEETS OR FIZZY DRINKS ARE ALLOWED IN LUNCHBOXES

January Attendance

Below are our attendance percentages for January, **a very big well done to Class 3B for being at the top of our Attendance Leader Board!** Please remember for your child to reach their full potential they must attend school every day unless they are ill, poor attendance results in your child having less opportunities later in life.

Class 3B – 97.9% Class 1R – 97.0% Class 1O – 96.7% Class 3G – 96.4% Year 4 – 95.6% Class 5B – 95.6% Year 6 – 95.49% Class 5T – 95.4 Year 2 – 95.1% Reception – 88.8% Overall School percentage – 95.3%

PE in school. Please send your child's PE bag in with them on a Monday morning and it should stay in school all week and go home on a Friday at home-time. At any time during the week an opportunity may arise to do PE or an outside activity. It would be a shame for your child to miss out if this should happen.

If pupils are bringing mobile phones with them to school, they **MUST** be left at the Office before class & they **MUST** be **SWITCHED OFF**. The school will not be held responsible for phones brought into school.

World Book Day!

On Thursday 2nd March Children are invited to come dressed as their favourite book character, preferably making costumes from items they can find at home. There will be prizes in classes for the best 'home-made' costumes.

Maybe you and your children could start talking about their favourite book character and designing home made costumes over the half term holidays.

Safer Internet Day 2023 will be observed in school on **Tuesday 14th February** with this years' celebrations & learning based around the theme 'Want to talk about it?'

Don't forget!

Shrove Tuesday or Pancake Day is on Tues 21st February during half term!



Red Nose Day 17th March

All pupils can come into school wearing non-uniform and make a donation £1. They can choose to wear something red or dress up as a Little Miss or Mr Men character. They can even make up their own character! We will also be taking part in the Lego build to change as a school.

School Website Address: www.eshwinning.durham.sch.uk